

## PRAYER GUIDE | 2023

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#### **Pray First**

Dear Follower of Christ,

The first seeds of Greater Life Church were planted by God several years ago. Since the very beginning those seeds have been watered through much prayer and many tears. We remain firm in our belief that prayer is the greatest, yet most underused privilege God has given us.

Our world, our country, and so many in our personal circles suffer from an acute prayerlessness. In 2023, many who claim to follow Jesus only pray at church or when they need God to bail them out of a situation. In order to face the challenges and opportunities of this present age, the people of God must rise up and allow prayer to become our first response. In short, prayer cannot be our last resort! May we resolve to face this day and every day ahead with this mindset, "**Pray First!**"

#### "Confess your trespasses to one another, and pray for one another, that you may be healed. **The effective, fervent prayer of a righteous man avails much.**

James 5:16

Once we understand the privilege and power of prayer, we must actively and consistently engage in it. Prayer must become a new (or a renewed) habit which develops into a lifestyle. Since prayer doesn't come naturally, it must be *taught*. This guide and other helps will assist with that. In order for prayer to become a lifestyle, it also must be *caught*. Catching the spirit of prayer is often accomplished by intentionally joining with others in group prayer. Find ways to be around people who know how to pray. Finally, prayer must be sought. We must set our hearts to seek God first. When we seek Him, we will find Him.

This booklet is designed to encourage and equip you to pray. Over the next 21 days you will have an opportunity to cultivate a much deeper and more fulfilling prayer life. As someone once wrote,

"Before the day begins... Before you go to bed... Before you go to work or school... Before you send that text... Before you eat, drive or travel... When bad things happen... Before bad things happen... In every situation... **PRAY FIRST!**"

Prayer changes everything!

<sup>/</sup>Jeffery Ġlick, Senior Pastor Greater Life Church

#### How to Use This Guide

In Ken Gurley's "The Book On Prayer," he mentions that *we speak with those we love*. In essence, our love for someone can be measured by our desire to be near to them and speak with them. If this is one of the true measures of love, then our lack of communication with God reveals a lack of practical love and heart-felt devotion. Thankfully, apathetic prayerlessness can be turned into apostolic prayerfulness! It requires repentance, planning, consecration, and action.

This booklet is designed to provide you with several prayer helps and models. We're not required to follow a certain formula to speak with God, but using these patterns of prayer may well help you find a deeper connection with God during your prayer time. Commit to pray every single day, and practice these models at your own pace and choosing.

To get started, choose which model you want to use today in prayer. As you pray, focus on the process the model reveals, giving yourself time to pray intentionally. If your mind wanders, use the model to restore your focus.

The goal of using this guide is not to provide you with an impersonal script, but to help to explore different ways and methods of praying. The goal is simply to get comfortable with different biblical models of prayer and for your prayer life to become more natural, effective, and enjoyable. Some of these prayer helps were developed by our own ministry leaders to be used during our weekly prayer meetings.

In addition to using these prayer models, keep a notepad handy. You may want to write notes and document prayer requests. You will want to write down what you feel the Lord is speaking to you during your times of prayer and Bible reading.

The most important step is committing to regularly entering God's presence through prayer.

# CREATING A LIFESTYLE OF

## PRAYER

How do we make prayer a part of our everyday life? We can learn from three things that Jesus did...

"Now **in the morning**, having risen a long while before daylight, He went out and **departed to a solitary place**; and there **He prayed**. Mark 1:35

#### **1. A CERTAIN TIME**

Jesus got up very early in the morning to spend time in prayer. In order for prayer to work, we should do the same. If you rely on praying only when you feel like it, your prayer life will suffer greatly. Make prayer a habit. It will require discipline and commitment. Make a daily appointment with God and keep it.

What time(s) of day will you reserve for prayer? \_\_\_\_\_

#### **2. A CERTAIN PLACE**

Jesus had a prayer place. Your prayer place needs to be an undistracted environment where you can pray out loud and perhaps have some worship music playing in the background. It should be a place where you can get alone with God without being interrupted. Wherever the place may be, plan to shut off your devices and pen up your heart to God.

Where will you pray? \_\_\_\_

#### **3. A CERTAIN PLAN**

Go into your prayer time with a plan. Some days you will want to follow a model, while other times you may follow a less formal structure of praying. When Jesus taught His disciples how to pray, He gave His disciples a prayer outline. We call it *"the Lord's Prayer"*, but really it was His pattern of prayer for us. This outline along with several other tools are available in this booklet.

## PERSONAL PRAYER TARGETS

"Therefore I exhort first of all that **supplications**, **prayers**, **intercessions**, and **giving of thanks** be made for all men, for kings and all who are in authority, that we may lead a quiet and peaceable life in all godliness and reverence. For this is good and acceptable in the sight of God our Savior, who desires all men to be saved and to come to the knowledge of the truth.

1 Timothy 2:1-4

Pray for those in authority and those under your authority.

#### **MY GOVERNMENT**

President, Vice President, Cabinet: \_\_\_\_\_

National leaders (incl the US Supreme Court, Senate & House): \_\_\_\_\_

State leaders: \_\_\_\_\_

City leaders: \_\_\_\_\_

#### **MY FAMILY**

Spouse:	
Children:	
Grand Children:	
Parents:	
Siblings:	
Extended family:	

#### **MY CHURCH**

Pastor & Family:
_eaders:
Ministries:
Dther Individuals or needs:

#### **MY LIFE**

Employer:	 	 	
Co-workers: _	 	 	

Teachers/Professors: \_\_\_\_\_

Classmates: \_\_\_\_\_

#### **THOSE I INFLUENCE**

Close friends: \_\_\_\_\_

New People in my life: \_\_\_\_\_\_

### THE LORD'S PRAYER

"Now it came to pass, as He was praying in a certain place, when He ceased, that one of His disciples said to Him, "Lord, teach us to pray..."

"Our Father in heaven, hallowed be Your name. Your kingdom come. Your will be done on earth as it is in heaven. Give us this day our daily bread. And forgive us our debts, as we forgive our debtors. And do not lead us into temptation, but deliver us from the evil one. For Yours is the kingdom and the power and the glory forever. Amen."

Matthew 6:9-13

#### **1. CONNECT WITH GOD RELATIONALLY**

"For you did not receive the spirit of bondage again to fear, but you received the Spirit of adoption by whom we cry out, "Abba, Father."

Romans 8:15

God isn't interested in us practicing religion instead, He desires a relationship with us God has adopted us as His children and loves for us to call Him our Father. Starting our prayer time acknowledging our relationship with God is powerful for us and delights Him as well.

#### "Our Father"

- YOU are our Father. I am a child of God.
- As my Heavenly Father, You are my Provider and my Healer.
- YOU have authority over my life.
- Thank You for adopting me into the family of God!
- YOU are my Wonderful, Counselor, Mighty God, Everlasting Father, and Prince of Peace. (Isaiah 9:6)

#### "in Heaven"

- Your throne is lifted up You are high and lifted up.
- Your thoughts are higher than my thoughts. Your ways are higher than my ways (Isaiah 55:9).
- I want to declare Your Kingdom priorities. I want to set my mind on things above (Colossians 3:2).

Luke 11:1

- You have blessed me with every spiritual blessing in the heavenly places in Christ. (Ephesians 1:3)
- You make my feet like those of a deer, and set me on high places (Psalm 18:33). You cause me to walk on higher ground.

#### **2. WORSHIP HIS NAME**

"Bless the Lord, O my soul and all that is within me, bless His holy name! Psalm 103:1

In the Scriptures, God's name is very important. It conveys His power and authority. We should come before Him with praise and thanksgiving, giving honor to His name.

#### "Hallowed be Your name"

- The name of the Lord is a strong tower; the righteous person runs into it and is safe. (Proverbs 18:10)
- I give glory due to Your name. I worship You, oh Lord, in the beauty of holiness. (Psalm 29:2)
- Your name is holy and exalted.
- At the name of Jesus every knee shall bow and every tongue shall confess that You are Lord. (Philippians 2:10)
- I declare that I have life in Your name, Jesus! (John 20:21)
- There is power in the name of Jesus!
- Everything that I do today, let them all be done in the name of Jesus! (Colossians 3: 17)

#### **3. PRAY KINGDOM PRAYERS**

"...seek first the kingdom of God and His righteousness, and all these things shall be added to you."

Matthew 6:33

Part of being a child of God is caring about what He cares about and loving those whom He loves. We know His will is perfect, and we acknowledge His wisdom and sovereignty when we pray His agenda first. Pray that His Kingdom, His priorities, and His plan is accomplished.

#### "Your Kingdom come"

- Let the Kingdom of God come upon us as never before!
- Help us to recognize and align with the Kingdom of God, which is within us. (Luke 17:21)
- Help me to advance the Kingdom by partnering with You in Your mission to seek and save the lost. (Luke 19:10)
- Help me to be counted worthy of the Kingdom of God. (2 Thessalonians 1:5)
- Help me to walk worthy of You, oh God, Who calls me into Your Kingdom and glory! (1 Thessalonians 2:12)
- The Kingdom of God is not in word, but in power! Let the power of God fill the earth, our country, our church, and my family! I need to experience the power and demonstration of Your Spirit! Let it flow through me!

#### "Your will be done on earth..."

- I present all of myself to You. I surrender. Transform my life. Renew my mind daily so I may prove your good and acceptable and perfect will of God. (Romans 12:1-2)
  - Give me the mind of Christ. (1 Corinthians 2:16)
  - Help me to bring every thought into obedience to the will and Word of God. (2 Corinthians 10:4-6)
- Let Your will be done in me and through me. Not my will, but Yours! (Luke 22:42)
- Give me ears to hear Your voice, eyes to see through the lens of faith, and a mouth to speak truth in love and with boldness.
- I pray for our government federal, state and local authorities. I pray for the President, the Vice President, the Cabinet, the House and Senate, and the Supreme Court. Send them godly influences. Help them to lead with wisdom and compassion. Protect them. Convict them.
- I pray for my family. Save them. Deliver them. Protect them. I call them out by name...
- I pray for our church, the Greater Life Family.
  - Add to the church daily such as should be saved.
  - I pray for our church leaders and ministry volunteers.
  - I pray for the saints and their families.
- I pray for hungry souls to be led into the Kingdom of God.
- I pray for the lost. Create a hunger in their hearts to search for God. Give them an awareness of the condition of their soul.
- Make Yourself manifest. Reveal Yourself to every honest heart.
- I pray for backsliders, that they would be shaken and return to the Body of Christ.

- I pray for \_\_\_\_\_ (specific names). Help me to reach them with the gospel of the Kingdom!
- I pray for open doors in soul winning, boldness in the Holy Ghost, and anointing and discernment from God!

#### **4. PRAY FOR DAILY PROVISION**

"And my God shall supply all your need according to His riches in glory by Christ Jesus."

Philippians 4:19

God promises to supply all our needs. He wants us to come to Him with our problems, needs, and desires and to trust Him to provide.

#### "Give us this day our daily bread."

- You are My daily bread. In You I find my spiritual and physical provision. You are my Source and I trust in You! (John, chapter 6)
- You shall supply all of my needs according to Your riches in glory! (Philippians 4:19)
- I have given You my first fruits. As it is written, open up the windows of heaven and pour out a blessing. (Malachi 3:10)
- Please provide for me financially and bless the work that I do. Provide for me spiritually and let spiritual fruit be born in my life. I pray health to my body and for a blessing upon my godly relationships.
- I pray provision and protection for our church as we seek a larger and more appropriate meeting place.

#### **5. FORGIVE AND BE FORGIVEN**

"Forgive, and you will be forgiven."

Luke 6:37

God has offered us forgiveness, and we can receive it. If we want forgiveness, we must also forgive others.

#### "Forgive us our debts..."

• Create in me a clean heart, O God, and renew a steadfast spirit within me. Restore to me the joy of Your salvation, and uphold me by Your generous Spirit. Then I will teach transgressors Your ways, and sinners shall be converted to You. (Psalm 51:10, 12-13)

- As it is written, if I confess my sins, I know that You are faithful and just to forgive my sins and cleanse me from all unrighteousness. (1 John 1:9)
- Thank you for paying the ultimate sacrifice for my sins on the cross!
- Thank you for loving me and washing me from my sins in the blood of Jesus! (Revelation 1:5)

#### "as we forgive"

- I know that if I do not forgive others, I won't be forgiven. (Matthew 6:15) I release others, so that I too can be released!
- Help me to do good to them who hate me and pray for those who despitefully use and persecute me. (Matthew 5:44)
- When I recognize that someone has something against me, help me to take the first step to be reconciled. (Matthew 5:22-24)
- Help me to pursue peace with everyone, lest a root of bitterness would spring up in my own heart. (Hebrews 12:14-15)
- Teach me to genuinely love others as myself. (Matthew 22:39)

#### **6. ENGAGE IN SPIRITUAL WARFARE**

"For the weapons of our warfare are not carnal but mighty in God for pulling down strongholds".

2 Corinthians 10:4

Spiritual warfare can seem difficult to understand, but the Bible makes it very clear that we have an enemy who is trying to steal from us, kill us, and destroy us. As we pray, we take our stand against the enemy. Fighting from a place of victory through Jesus, we are empowered by His Holy Spirit. There is power in God's Word, and every lie the enemy has told us can be replaced with God's truth!

#### "Lead us not into temptation"

- Help me not to be led into temptation. Help me not to put myself in the way of temptation.
- Help me to be on the lookout and to pray, so I don't fall into temptation. (Matthew 26:41)
- I declare that God is faithful and will not allow me to be tempted beyond what I am able. With every temptation that comes God will provide me a way of escape (1 Corinthians 10:13)! I declare that God knows how to deliver the godly out of temptations (2 Peter 2:9)!
- I humble myself before God. Lord, help me to submit to You, so when I resist the devil he will flee from me (James 4:6-8)!

#### "Deliver us from evil"

- I recognize that I do not fight against flesh and blood, but against spiritual principalities and powers and rulers of darkness of this age. I put on the whole armor of God so I may stand against the tricks and attack of the devil. God, wrap me in Your truth and protect my heart with Your righteousness. Let my feet be readily prepared with the gospel of peace. Strengthen my faith and help it quench every fiery attack of the enemy. Protect my mind with Your salvation and help me to take up the sword of the Word of God. Help me to read it, learn it, memorize it, and use it effectively in spiritual battle. Help me to pray always (Ephesians 6:10-18)!
- Deliver me from evil influences. Help me to get them out of my home, off of my devices, and to completely cut them out of my life!
- Deliver me from sinful, evil habits and thoughts.
- Help me to give no room for the devil to work in my life (Ephesians 4:27).
- I proclaim that the devil can't have my soul! He can't have my family! He cannot dictate my future! I belong to Jesus! I am His!
- I pray a hedge of protection around my life, my family, and my church.
  Because I have made the Lord my habitation, He has set His love upon me, and He has known my name!

#### **7. EXPRESS FAITH AND WORSHIP**

"Ah, Lord God! Behold, You have made the heavens and the earth by Your great power and outstretched arm. There is nothing too hard for You. Jeremiah 32:17

God is more than able to move in every situation. Concluding our prayer time by declaring His authority and power focuses our minds on the truth of who He is and what He can do. Thank Him in advance!

#### "Yours is the kingdom and the power and the glory forever"

- Yours is the Kingdom! You have all authority in Heaven and on earth. You are in control of it all. You are King of Kings and Lord of Lords!
- Yours is the power! All mightiness flows from You! You are unmatched in power! You are completely able to do exceedingly abundantly above all that I ask or think, according to the power that works in me (Ephesians 3:20)!
- Yours is the glory! All of the glory is due to Your name, because the victory belongs to You! You have overcome the world and I am an overcomer in Jesus!

#### "Amen."

- So be it!
- Let all these things be done according to Your Word!
- I declare it done in Jesus name!
- Amen!!

#### **NOTES:**



## **PRAYER OF JABEZ**

"Jabez cried out to the God of Israel, "Oh, that You would bless me and enlarge my territory! Let Your hand be with me, and keep me from harm so that I will be free from pain." And God granted his request.

1 Chronicles 4:10

The Prayer of Jabez is an insightful and helpful model of a prayer. It is a personal prayer, focusing on God's blessing of the individual.

#### **1. BLESSING**

Jabez begins his prayer by asking God for His blessing. We need more of God's blessing to be better equipped to make a difference for His Kingdom. We need more provision, more spiritual gifting, more wisdom, so that we can bless others with what God has given us. James 4:2-3 tells us, "You do not have because you do not ask God. When you ask, you do not receive, because you ask with wrong motives, that you may spend what you get on your pleasures."

God wants to bless us, but He is often waiting for us to ask with the right heart. We have a big God, and we can be bold in asking for His blessing and favor. As James points out, God sees our heart. When we ask for blessing with the motivation not only to help ourselves but to help others, this gets His attention.

"Oh, that You would bless me..."

1 Chronicles 4:10

Ask God for His blessing. Recognize your need for His provision, and set your heart toward wanting all that God has for you. Make the commitment that you will be a blessing to others.

#### **PRAY IN THIS WAY:**

- Father, I pray that You would bless me with more than I need so that I can bless others.
- I pray for more provision, that You would equip me to give generously to others and meet their practical needs in Your Name.
- I pray that I could be a blessing to the work of God.

- I ask You to give me greater spiritual gifting, so that I can strengthen the church and be more effective for the Kingdom of God.
- I pray for an abundance of wisdom and discernment, so that I may better point others to You.
- Help me keep Your generous blessings in perspective, so that I never become self-serving. I want to remain focused on using what You've given me to bless and serve others."

#### **2. INFLUENCE**

Next, Jabez asks for more influence. As God's blessings increase in our lives, we ask for and experience greater opportunity to influence the world around us for Him. God has the power to bless us greatly. He also has the power to open doors of opportunity for us to make a difference. We want to walk through doors that only He can open, and He responds when we specifically ask Him to give us more influence for His Name.

"Enlarge my territory..."

1 Chronicles 4:10

Pray for more influence. Knowing that God can make a way, trust in Him to open doors and lead you on the best path for your life and for His glory.

#### **PRAY IN THIS WAY:**

- God, make me effective for You in my sphere of influence.
- Open new doors for me to be able to influence and reach even more people.
  - Name particular areas where you desire more influence.
- Give me discernment and help me to knock on the right doors.
- Help me to lead people into spiritual conversations.
- Help me to be a good steward of the resources and responsibility You've entrusted to me.
- I pray for greater territory to impact the Kingdom for Your glory.

#### **3. PRESENCE**

In order to have lasting influence, we need God's presence in our lives. Through His power at work within us, God can do more than we could ever ask or imagine (Ephesians 3:20). As we ask for blessing and influence, we also need to ask for His presence as Jabez did. We do not want to operate out of our own strength, but through the presence of our God and at the leading of His Spirit. "Let Your hand be with me..."

In humility, acknowledge your need for God's presence. Depend on Him and ask for more of Him in your life today. If you've not yet received the gift of the Holy Spirit, ask Him for that. You'll know you receive it when you speak in other tongues as the Spirit has enabled you! (Acts 2:4; 10:46; 19:6)

#### **PRAY IN THIS WAY:**

- Lord, I know that without You, I am nothing. I cannot do what You've called me to do on my own.
- I am desperate for Your presence in my life. I depend on You completely.
- I recognize that the same Spirit who raised Christ Jesus from the dead lives in me. Through the power of Your Spirit, I pray that You will help me succeed in the opportunities You've given me.
- Thank You for being with me. I would never want to face today without You!

#### **4. PROTECTION**

Jabez asks the Lord to protect him. If we are influencing the world for Jesus, we must understand the enemy will try to stop us. This leads us to pray that God will not only help us when the enemy attacks, but that He will protect us from the enemy attacking us in the first place. Jesus has already won the victory, so we don't need to fear destruction. God promises to be with us and protect us. Since we have that promise, we have nothing to fear.

#### "Keep me from harm"

1 Chronicles 4:10

Trust God to protect you. Tell Him specific areas where you feel the need for His protection, asking Him to cover areas that you can't yet see.

#### **PRAY IN THIS WAY:**

- God, as I live out the purpose You have for my life, I pray that You will stop any and every attack of the enemy against me.
- If an attack does come, help me to recognize it as a spiritual attack.
- Please protect my body, my mind, and my emotions. Don't let the enemy get a foothold in my life.
- I pray that You will protect my family and community from harm.

- I know that the One who is in me is greater than the one who is in the world, so I have nothing to fear! Thank You for watching over me.
- I declare that I will not be anxious. I will approach everything in prayer, with thanksgiving. Help me to stop praying worried and "panic prayers." I will be thankful and trusting! As it is written, "the peace of God, which surpasses all understanding..." will guard my heart and mind, "through Christ Jesus!" (Philippians 4:6-8)
- I love You and I completely trust in You!

QUESTION: What other things are you learning to pray for yourself?

## **PRAYER FOR WHOLENESS**

"and you are complete in Him, who is the head of all principality and power."

Colossians 2:10

"Now may the God of peace Himself sanctify you completely; and may your whole spirit, soul, and body be preserved blameless at the coming of our Lord Jesus Christ. He who calls you is faithful, who also will do it.".

1 Thessalonians 5:23-24

These prayers were prayed at a Greater Life Prayer Meeting in 2021. The outline was developed by Kendra Glick and inspired by a devotional from Ken Gurley entitled, "Wholeness in Five Dimensions."

#### **PHYSICAL WHOLENESS**

- You know our needs, oh God, before we even ask.
- I acknowledge You for Who You are, and for all that You are. You are Healer, You are Provider, etc.
- James 5:15 says that, "the prayer of faith will save the sick, and the Lord will raise him up." Given this promise, I pray for physical needs of healing within the church body. I pray with more than hope; I pray in faith!
- I pray healing for those suffering from chronic and persistent pain.
- I pray for healing and wholeness for those with non-public physical issues.
- I pray for physical healing, strength, and energy for those in spiritual leadership, so they can be more devoted to ministry.

#### **FINANCIAL WHOLENESS**

- I ask for financial health and stability for the church.
- Philippians 4:19 says that, "...my God shall supply all your need according to His riches in glory by Christ Jesus."
- There is no need for which You do not have provision!
- I ask in faith for provision of new jobs, or better jobs, as needed in the Body of Christ. I ask you to give favor to Your servants and promotions at their place of employment. Increase their salaries and benefits.
   Provide them with jobs that will not conflict with Your Kingdom priorities, such as faithful attendance at gatherings

and

advancements in their areas of ministry.

- I ask for relief from stress and anxiety related to physical and financial needs. Give us all hearts to trust in Your Word!
- You cloth the lilies and see every sparrow that falls. Help me to commit to trusting You fully and obeying You consistently with my finances, so that Your resources and supply can flow freely. Give me a trusting and obedient heart.
- In Matthew 6, You said that if I were to seek first the Kingdom of God and Your righteousness, that the other things I need would be added into my life. In Malachi 3:8-11 it's written that if I am faithful in my tithes and offerings, You would, "open for you the windows of heaven and pour out for you such blessing that there will not be room enough to receive it." You also promise to, "rebuke the devourer," for my sake! I declare those promises in Jesus' name!

#### SPIRITUAL WHOLENESS

- Help us to recognize the battles for what they are; they are spiritual.
- Forgive me for fighting people and for fighting in a wrong matter. We wrestle not against flesh and blood, but against spiritual forces.
- Cleanse my heart and mind. Wash me.
- Help me to rid myself of everything that keeps me from being Kingdom-minded.
- It is Your desire that all men repent and come to a knowledge of the truth. Help me to prioritize soul-winning over every other need. I want to share the gospel of the Kingdom with anyone who will hear!
- With Your Spirit, draw hungry souls from among unbelievers, backsliders, the religious hungry.
- I need spiritual wisdom, insight, and sensitivity.
- I pray for wholeness and clarity for the spiritually confused. Shine Your light upon their darkness. Give them eyes to see!
- I ask for spiritual food for the spiritually hungry.
- I pray for spiritual wellness and wholeness among the Greater Life Body, that everyone would operate in a spiritually-healthy manner.
- I asked for all Spirit-filled believers to begin to operate in the gifts of the Spirit. And let the Body of Christ be edified!
- Give us ongoing salvation, sanctification, and deliverance. Help us all to live free from spiritual bondage and wrong mindsets.
- I pray for the fruit of the Spirit to grow in my life. Help me to be fresh, fruitful, and flourishing!

• I want to live out my purpose in God and be used by You. Receive glory out of my life, Jesus!

#### **EMOTIONAL AND MENTAL WHOLENESS**

- Help me to live in victory in the battlefield of my mind.
- Heal me of any hurt. Heal my brokenness. I surrender it to You.
- Renew my mind daily. Heal my thought life. Help me to be transformed daily by the renewing of mind, so I may walk in the will and ways of God. (Romans 12:1-2)
- I pray against wrong thought patterns and strongholds in my mind.
- I submit my thoughts and feelings to obey Christ. I declare what the Word of God says! My feelings are only feelings; they are not always facts!
- Keep me from anxiety, fear and doubt. Replace these negative emotions with Your perfect peace.
- 2 Timothy 1:7 proclaims that, "God has not given us a spirit of fear, but of power and of love and of a sound mind." I believe and declare this truth over my life!
- Help me to think and meditate on what is true, noble, just, pure, lovely and holy, and of good report.
- Mending broken hearts.
- Give Your people courage to trust and obey You, rather than being enslaved by our carnal minds.
- Help me to be spiritually-minded, and to consistently maintain that mindset. Give me the mind of Christ in every situation.
- Deliver those who are demonically oppressed or possessed. Deliver people from fear, crippling anxiety, depression, and from spirits of self-harm.
- Give us minds and hearts that are set upon You, fully trusting in You!

#### **RELATIONAL WHOLENESS**

- I pray for healing and wholeness in every broken relationship: between spouses, parents and children, among siblings, extended families, co-workers and neighbors.
- You are a Repairer and Restorer.
- I ask that You would help me to identify every relationship in my life which needs improvement, and for You to help me do the work to strengthen it and grow in it.
- In my relationships, help me to maintain clear, consistent, and open communication. Let there be no misunderstandings due to a lack of clear and pure communication.
- Strengthen me to resolve conflicts proactively, in a godly manner.

- Let forgiveness flow freely from my life. Help me to love others with a pure and sincere heart, and be quick to forgive.
- Help me not to hold grudges or to be easily offended or hurt.
- Help me to respond to others with mercy, love and compassion.
- Help me not to wound others by gossiping or sowing discord.
- Strengthen me so that everything I do is done in love and with pure actions, thoughts, and motives.
- Heal and restore those who have experienced "church hurt." Help us help them find their way back to God.
- Help me to live with agape love. Help me to offer generosity, humility, and self-sacrifice in my relationships with others.
- I pray against any division, gossip, or faction that would attempt to find its way into the church or into my family.

#### **NOTES:**

## PRAYING THE WORD FOR SPIRITUAL WARFARE

We are always in a spiritual war, whether we recognize it or not. When Jesus was confronted by the devil in the wilderness, He responded to the temptation and the spiritual attack with the Word of God. Following are some Scriptures to help you when you enter into spiritual warfare praying. Personalize them and pray them over your life and over those you love.

"Be sober, be vigilant; because your adversary the devil walks about like a roaring lion, seeking whom he may devour.

1 Peter 5:8

"For though we walk in the flesh, we do not war according to the flesh. For the weapons of our warfare are not carnal but mighty in God for pulling down strongholds, casting down arguments and every high thing that exalts itself against the knowledge of God, bringing every thought into captivity to the obedience of Christ, and being ready to punish all disobedience when your obedience is fulfilled.

2 Corinthians 10:3-6

"Finally, my brethren, be strong in the Lord and in the power of His might. Put on the whole armor of God, that you may be able to stand against the wiles of the devil. For we do not wrestle against flesh and blood, but against principalities, against powers, against the rulers of the darkness of this age, against spiritual hosts of wickedness in the heavenly places. Therefore take up the whole armor of God, that you may be able to withstand in the evil day, and having done all, to stand. Stand therefore, having girded your waist with truth, having put on the breastplate of righteousness, and having shod your feet with the preparation of the gospel of peace; above all, taking the shield of faith with which you will be able to quench all the fiery darts of the wicked one. And take the helmet of salvation, and the sword of the Spirit, which is the word of God; praying always with all prayer and supplication in the Spirit, being watchful to this end with all perseverance and supplication for all the saints..."

Ephesians 6:10-18

"No weapon formed against you shall prosper, and every tongue which rises against you in judgment You shall condemn. This is the heritage of the servants of the Lord, and their righteousness is from Me," Says the Lord." Isaiah 54:17

"You are of God, little children, and have overcome them, because He who is in you is greater than he who is in the world.

1 John 4:4

"...He gives more grace. Therefore He says: "God resists the proud, but gives grace to the humble." Therefore submit to God. Resist the devil and he will flee from you. Draw near to God and He will draw near to you. Cleanse your hands, you sinners; and purify your hearts, you double-minded. Lament and mourn and weep! Let your laughter be turned to mourning and your joy to gloom. Humble yourselves in the sight of the Lord, and He will lift you up. James 4:6-10

#### **NOTES:**

## PRAYER FOR THOSE WHO NEED GOD

Pray for our community, and people you know personally who need to be saved. It may be helpful to create a list of people you're personally desiring to reach.

#### PRAY THAT THEY WOULD BE DRAWN TO JESUS

"No one can come to me unless the Father who sent me draws him.

John 6:44

#### PRAY FOR CHRISTIANS TO REACH TO THEM

"Ask the Lord of the harvest, therefore, to send out workers into his harvest field.

Matthew 9:38

#### PRAY AGAINST THE SPIRIT THAT BLINDS THEIR MINDS

"The god of this age has blinded the minds of unbelievers, so that they cannot see the light of the gospel of the glory of Christ, who is the image of God.

2 Corinthians 4:4

#### PRAY THEY WOULD BE CONVINCED OF THEIR SIN AND TURN TO JESUS

"To open their eyes, so they may turn from darkness to light and from the power of Satan to God, that they may receive forgiveness of sins...

2 Timothy 2:26

#### PRAY THEY WOULD EXPERIENCE THE NEW BIRTH

"Very truly I tell you, no one can enter the kingdom of God unless they are born of water and the Spirit

John 3:5

"Repent and be baptized, every one of you, in the name of Jesus Christ for the forgiveness of sins. And you will receive the gift of the Holy Spirit.

Acts 2:38

## **MY PRAYER NOTES**

#### PERSONAL PRAYER REQUESTS/ THOUGHTS:



